



KEEPING IN TOUCH

Presbyterian Women of the Peaks



October 2020 Edition

The PW Coordinating Team of the Presbytery of the Peaks publishes a monthly newsletter in order to keep in touch with Presbyterian Women during this season of isolation and uncertainty due to the COVID-19 virus. We will present a topic of interest each month and ask that you share the newsletter with your ladies about what is happening in the Peaks in support of Presbyterian Women.



Remember - Early Detection Saves Lives.

Annual mammograms beginning at age 40 provide the best opportunity to detect breast cancer as early as possible, which improves the odds of survival. This is so important: You don't need a doctor's order for a screening mammogram.

We want Presbyterian Women to be safe. Call one of your sisters and encourage her to be checked this month.

October is Domestic Violence Awareness Month.

Abuse is any pattern of behavior used to gain power and control. Reach out to the [National Domestic Violence Hotline](#) if you experience behavior that causes you to feel unsafe in your marriage, family, or relationships.

Help is available 24/7. In an emergency, dial 911 first.

Call: 1 (800) 799-7233 Text LOVEIS to: 1 (866) 331-9474

*Stop domestic violence. You are not alone!
Your voice helps lead others to safety.*

Ashley Stanley for the PW Coordinating Team of the Peaks

WE WANT TO HEAR FROM YOU – How are your women's groups staying in touch? Are your women working on a mission project or a service project? Send your comments to Diane Patty at dpatty@vt.edu, and we will include some of your ideas in the newsletters to encourage other groups.

We look forward to sharing Peaks PW news with you over the coming months! Keep in touch!