Local Mission Opportunities for All Ages! YOU ARE NEEDED!

The Presbytery of the Peaks provides financial support to the following ministries/organizations through Two Cents-a-Meal and Community Outreach Block Grants. **Now you have the opportunity to also provide hands-on assistance!** In response to requests from many of you for more local mission opportunities, the POP Mission Committee requested all grant recipients share their needs for assistance. The following list includes all who have responded. **Please consider helping them out!** There are a variety of opportunities for **all ages: short-term, long-term, near and far. Some are timesensitive, so if you are ready to help they are waiting on you!**

List of those included:

Amherst Cares **Bedford Christian Ministries** Blue Ledge Meals on Wheels / Amherst Blue Ridge Literacy / Roanoke Christian Free Clinic in Botetourt Churches for Urban Ministry / Lynchburg FACES Food Pantry / Farmville Family Promise of Greater Roanoke Feeding America Southwest America / Salem FeedMore Inc / Richmond Food for Kids / Moneta Free Clinic of Pulaski County Free Clinic of Danville God's Storehouse / Danville Grace Network / Martinsville Heart of Virginia Free Clinic / Farmville Helping Hands of Franklin County Interfaith Outreach Association / Lynchburg

Jane Jones Food Pantry / South Boston Jubilee Family Development Center /Lynchburg Lake Christian Ministries / Moneta Lynchburg Daily Bread New River Community Action / Giles New River Community Action / Pulaski Northern Pittsylvania County Food Center Presbyterian Community Center / Roanoke **Rescue Mission of Roanoke** Rivermont Area Emergency Food Pantry / Lynchburg Riverside Health Center / Covington Roanoke Area Ministries (RAM) Salem Area Ecumenical Ministries Safehome Systems, Inc / Covington Salem / Roanoke County Food Pantry The Shepherd's Table / Bedford Smith Mountain Lake Good Neighbors Summer Enrichment Program / Roanoke

Ministry/Organization: Amherst Cares (food bags for school children) Physical Address: Emmanuel United Methodist Church, 401 North Main Street Amherst, VA 24521 Contact: Elizabeth S. Gamble, <u>bethgamble3@comcast.net</u> 434-946-7657 Assistance Needed: packing bags (2nd Tuesdays Aug-May each school year), stocking inventory, delivering to schools Minimum volunteer age: any age willing to help Ministry/Organization: Bedford Christian Ministries Physical Address: 217 W. Washington St. Bedford, VA 24523

Contact: Houston Crum <u>info@bedfordchristianministries.org</u> 540-586-2633

Assistance Needed: 2 shelf-stockers last full week each month, 1-1 ½ hours on Mon, Wed, or Thurs pm and Fri, Sat p.m; food drivers to pick up donated food M-F ½ hour between 9-11 a.m. (some lifting, up to 45 lbs but 15-25 lbs usually; need an intake receptionist – 2-4 hours twice / monthly Minimum volunteer age: 21

Ministry/Organization: Blue Ledge Meals on Wheels Physical Address: no "store front" deliver from site Contact: Amanda Hall, <u>Neill@discovery.com</u> 434-944-4300 Assistance Needed: delivering meals in Amherst County; assistance with administrative tasks, media contacts, special events, etc Minimum volunteer age: likely 18

Ministry/Organization: Blue Ridge Literacy Physical Address: 706 S. Jefferson Street Roanoke, VA 24013 Contact: Stephanie Assistance Needed: assisting learners in their efforts to build a new life through developing English literacy skills through one-on-one tutoring, class leadership, class assistance, assimilation activities, "adopting" a learner Minimum volunteer age: 18

Ministry/Organization: Christian Free Clinic in Botetourt

Physical Address: 7330 Roanoke Road Fincastle, VA 24090 Contact: Jenny Daniels, <u>help@christianfreeclinic.com</u> 540-353-0509

Assistance Needed: Physician, dentist, dental assistant, escort for patient to dental unit, optometrist, podiatrist, medical & diabetes counseling, smoking cessation counseling, nurse, phlebotomist, grant writer, fundraising, clerical, set-up/clean up, website & computer support, accounting & bookkeeping, parking area patrol, greeters/spiritual support, provide a meal to approximately 25 volunteers, and couriers to deliver specimens to Lewis Gale Hospital in Roanoke at the end of clinic Minimum volunteer age: 16

Ministry/Organization: Churches for Urban Ministry

Physical Address: 1022 Floyd Street Lynchburg, VA 24501

Contact: Nancy Sale churchesforurbanministry@gmail.com

Assistance Needed: packing orders, stocking shelves, pick up food and deliver for the pantry year round; tutoring after school October-May; special activities for Camp Timothy in summer; work in community garden; mentoring young men October-May

Minimum volunteer age: 10 with adult supervision in garden and pantry; 18 for children's programs

Ministry/Organization: FACES Food Pantry

Physical Address: 314 North South Street Farmville, VA 23901

Contact: Ellery Sedgwick <u>esedgwick@longwood.edu</u>

Assistance Needed: receiving, sorting, shelving, bagging on Thursdays 9:00 – noon; delivery to elderly on Fridays 10:00- noon; store pick-ups Mondays, Wednesdays, Fridays 10:00-11:30; weekly distribution on Saturdays 8:00-10:30 a.m.; clerical help at anytime

Minimum volunteer age: 15

Ministry/Organization: Family Promise of Greater Roanoke

Physical Address: 37 E. Clay Street Salem, VA 24153

Contact: Marie Muddiman, mmuddiman@familypromiseroanoke.org 540-444-7374

Assistance Needed: child care for life skills classes; provide activity for 4 families (max 14 people); prepare and serve dinner for 4 families (max 14 people); clean carpet; play games with children; clean toys at Family Center on regular basis; stock donations (must be able to climb stairs); office angel (copies, data entry, other office assistance); make minor repairs to building as needed; provide haircuts for family members; help families move (as needed); volunteer at Superhero Race (October 18th)

Minimum volunteer age: children are welcome and encouraged when accompanied by an adult

Ministry/Organization: Feeding America Southwest Virginia

Physical Address: 1025 Electric Road Salem, VA 24153

Contact: Barb Putney, Director of Volunteer Services, 540-342-3011 ext:7016 <u>bputney@faswva.org</u> Assistance Needed: inspecting and sorting dented cans, crushed boxes, or other superficially damaged food to ensure the food inside is safe and meets both Federal Government and Feeding America guidelines on Tuesday – Friday, 9:00-noon and 1:00-4:00 p.m. Saturday shifts from 9:00 a.m. – 1:00 p.m. can be scheduled to accommodate groups of up to 20

Minimum volunteer age: 16; must have ability to stand for long periods and lift light loads, orientation and training are provided at beginning of shift

Ministry/Organization: FeedMore, Inc.

Physical Address: 1415 Rhoadmiller Street Richmond, VA 23220 Contact: Mary Samsell, Director of Corporate and Foundation Gifts <u>msamsell@feedmore.org</u> 804-521-3286

Assistance Needed: daily assistance needed at Richmond location with sorting, stocking, packing and delivering weekend BackPacks, assisting with every aspect of meal preparation in the Community Kitchen, delivering meals to home bound seniors and disabled clients, administrative support, committee support and other pro bono support support opportunities

Minimum volunteer age: in general 16; certain volunteer roles require minimum of 18 or 21

Ministry/Organization: **Food for Kids** (formerly Backpack for Kids) Physical Address: Moneta, VA

Contact: Jeanette Overstreet <u>farmgal100@aol.com</u> 540-297-4034 (home) 540-871-6336 cell) Assistance Needed: packing bags and delivering to Moneta and Huddleston Elementary Schools beginning 2015-16 school year

Minimum volunteer age: teens

Ministry/Organization: Free Clinic of Pulaski County Physical Address: 25 4th Street NW Pulaski, VA 24301

Contact: Deb Suddarth <u>pulaskifreeclinic@verizon.net</u> 540-980-0922

Assistance Needed: eligibility (in-take) screener for new patients – training provided; assistance with clinic for 4 hours weekly – training provided

Minimum volunteer age: 21

Ministry/Organization: Free Clinic of Danville Physical Address: 133 S Ridge St Danville, VA 24541 Contact: Denise Buckner 434-799-1223 danvillefreeclinic@comcast.net

Assistance Needed: landscaping/outdoor cleaning; 4-5 volunteers to spend about 2 hours weeding mulched beds and "spray" around building and parking area, clean exterior windows; ongoing needs include volunteers to enroll patients 1-2 hours per week

Minimum volunteer age: 18; children can assist with lawn care if supervised by adult

Ministry/Organizationho: God's Storehouse

Physical Address: 750 Memorial Drive Danville, VA 24541

Contact: Kim Rosenoff, Assistant Director kim@godsstorehouse.org 434-793-3663

Assistance Needed: stocking and sorting food, preparing food for freezer storage, helping customers to cars and loading food, bringing shopping carts in from parking lot, staffing a food swap table, distributing food, filling food boxes, taping boxes

Minimum volunteer age: 8-14 years with adult; 15 otherwise all must wear closed toe (no flip-flops) shoes

Ministry/Organization: Grace Network

Physical Address: 433 Commonwealth Blvd – Suite 2 Martinsville, VA

Contact: Betty Heaton, Volunteer Coordinator, <u>hokiemomx2@gmail.com</u> 276-638-8500; Tracy Hinchcliff, Interim Director, <u>Tracy.Hinchcliff@gracenetworkmhc.org</u>

Assistance Needed: client screeners and interviewers, data entry, food pantry associate – all positions require orientation, Day of Grace observation, provided training and shadowing before doing the job solo

Minimum volunteer age: 18

Ministry/Organization: Heart of Virginia Free Clinic

Physical Address: 1702 South Main Street Farmville, 5701VA 23901

Contact: Pat Payne, RN, Executive Director, <u>heartofvirginiafreeclinic@yahoo.com</u> 434-315-5701 Assistance Needed: The clinic is exploring the possibility of enclosing a 21' x 31' carport attached to the clinic to accommodate a dental clinic. Needs include someone to draw up a plan, carpenters, electricians, plumbers and possibly a brick mason, in addition to materials for construction. Dentists have volunteered and the clinic has dental chairs and equipment – they just need the space. Needs also include doctors and nurse practitioners to staff Tuesday evening clinics from 6:00-8:00 p.m. Anyone interested in helping once a month, every other month or even quarterly would be greatly appreciated. Help is needed!

Minimum volunteer age: 18

Ministry/Organization: Helping Hands of Franklin County

Physical Address: 200 Dent Street Rocky Mount, VA 24151

Contact: Sam Campbell <u>samcampbell57@gmail.com</u> 540-483-2387 (office/Tues & Thurs), 540-489-4536 (home), 540-493-6059 (cell)

Assistance Needed: volunteers to meet and work with clients interviewing and determining level of assistance – training provided; clerical assistance at times; volunteers welcome! Minimum volunteer age: 25 (younger for clerical filing) Ministry/Organization: Interfaith Outreach Association

Physical Address: 701 Clay Street Lynchburg, VA 24504

Contact: Shawne Farmer, Executive Director, <u>ioashawne@intelos.net</u> 434-846-6098 (office) 434-258-3177 (cell)

Assistance Needed: groups are needed to work on simple home repair projects through newest program Interfaith Rebuilds (formerly known as Rebuilding Together Lynchburg) led by Harry Sowers, Rebuilds program director; Harry's cell phone #434-609-0707

Minimum volunteer age: 16

Ministry/Organization: Jane Jones Food Pantry

Physical Address: Main Street United Methodist Church 701 N. Main Street South Boston, VA 24592 Contact: Rev. Edward Rigg <u>mainstreetumc@embarqmail.com</u> 434-572-3290

Assistance Needed: sorting and stocking food, packing bags for distribution, registering clients, carrying out food for elderly/handicapped clients; we serve the 3rd Wednesday of each month from 8:30 a.m.- noon

Minimum volunteer age: 12 with supervising adult

Ministry/Organization: Jubilee Family Development Center Physical Address: 1512 Florida Avenue Lynchburg, VA 24501 Contact: Sterling A. Wilder jubilee@inmind.net 434-845-0433 Assistance Needed: tutors and volunteers always needed for after-school, summer camp and tutoring programs Minimum volunteer ago: 15

Minimum volunteer age: 15

Ministry/Organization: Lake Christian Ministries Physical Address: 13157 S. Old Moneta Road Moneta, VA 24121 Contact: Chuck Murphy, Executive Director, <u>Icmexdr@gmail.com</u> 540-297-3214 Assistance Needed: warehousemen, truck drivers for grocery store pick ups, pantry bag fillers, clothing sorters, interviewers financial aid counselors, New Tomorrow coaches who provide one-toone career, life and financial Minimum volunteer age: 16

Ministry/Organization: Lynchburg Daily Bread Physical Address: 721 Clay St Lynchburg, VA 24504 Contact: Kelli Diaz, Volunteer Coordinator 434-845-5703 volunteer@lynchburgdailybread.com Assistance Needed: volunteers needed to support meals outreach program, taking food to Madison Heights and Greenfield Dr. There are plans to expand to additional counties/locations and volunteers will be needed to make it possible. Minimum volunteer age: 16

Ministry/Organization: **New River Community Action –Pulaski** Physical Address: 412 N Jefferson Ave Pulaski, VA 24301 Contact: Daniel Harris 540-980-5525 Assistance Needed: **stocking shelves, removing duplicate files from file cabinet** Minimum volunteer age: 18 Ministry/Organization: New River Community Action – Giles Physical Address: 1410B Wenonah Ave. Pearisburg, VA 24134 Contact: Donna Thompson <u>dthompson@nrcaa.org</u> 540-921-2146 Assistance Needed: stocking food pantry shelves, painting a room, filing Minimum volunteer age: 18

Ministry/Organization: Presbyterian Community Center

Physical Address: 1228 Jamison Avenue SE Roanoke, VA 24013

Contact: Cheryl Poe, Director of Volunteer Services <u>volunteers@pccse.org</u> 540-982-2911 ext.220 Assistance Needed for Emergency Services: front desk (Monday-Friday, 9:00-12:30 and 12:30-3:30 p.m.), client interviewer (Monday-Thursday, 9:00-noon and 1:00-3:00), pantry helper (Monday-Thursday, 9:00-11:30 and 1:00-3:00 p.m.), truck drivers for food deliveries from the Food Bank, Super Dollar Discount Store or Kroger

Assistance Needed for Pathways for Youth September 2015-May 2016: fitness aide to monitor activities (Tuesday 4:30-5:45 p.m.), kitchen aide to prepare and serve snacks during summer camp (Monday-Friday 3:00-4:00 p.m.; tutor (Monday-Thursday 4:00-5:00 p.m. or 5:00-6:00 p.m. – one hour per week per tutor); mentor (flexible hours, training arranged, mentor gives 4 hours per month) Minimum volunteer age: 14 (can be flexible, discuss with Cheryl Poe); elementary and middle school age children are welcome to volunteer with an adult

Ministry/Organization: Rescue Mission of Roanoke

Physical Address: 402 4th Street SE Roanoke, VA 24013 Contact: Marian McConnell <u>marian@rescuemission.net</u> 540-777-7651 Assistance Needed: see website <u>http://rescuemission.net/category/volunteer opportunities/</u> Minimum volunteer age: under 14 must be accompanied by parent or guardian

Ministry/Organization: Rivermont Area Emergency Food Pantry

Physical Address: Holy Trinity Lutheran Church 1000Langhorne Rd Lynchburg, VA 24503 Contact: Tracy Baker <u>swee2ths@comcast.net</u> (for this specific request) general contact is Louise Martin, pantry coordinator, 434-384-3913 <u>gemlcm@centralva.net</u>

Assistance Needed: Currently 9 congregations share tasks and it would be great to add 3 more. With 9, each congregation fills orders for clients every 9th week and makes a food bank pick up every 9th month

Minimum volunteer age: not indicated

Ministry/Organization: Riverside Health Center

Physical Address: 322 W. Riverside St Covington, VA 24426

Contact: Sheri Walters swalters@rhcalleghanyhighlands.com

Assistance Needed: assisting with patient application/intake process; organizing office supplies systems; handyman tasks – minor repairs, lawn maintenance; medical/nurse assistants Minimum volunteer age: 18 for assisting with patient application process; 16 for other tasks

Ministry/Organization: Roanoke Area Ministries/RAM Physical Address: 824 Campbell Ave SW Roanoke, VA 24016 Contact: Martha Snidow 540-345-9786 Assistance Needed: volunteers on Monday, Wednesday and Friday from 9:30-1:30 to help prepare lunch; work the reception desk from 8:00-noon and noon – 3:00 or other specific hours by arrangement with the volunteer coordinator; volunteers to help with the clothes closet any day to sort clothes on Tuesdays and Thursdays from 9:00-11:30 to help give out clothes; administrative help with filing, data entry, malings for offices

Minimum volunteer age: 13 if accompanied by adult; 16 otherwise

Ministry/Organization: Salem Area Ecumenical Ministries Physical Address: First United Methodist Church West Main Street, Salem Contact: Garry Lautenschlager garrylaute@aol.com 540-537-7691 Assistance Needed: The following dates are packing dates for the "Summer Feed and Read" program. It is anticipated that 3,000 meals will be packed each session. Personal hygiene packets, school supplies and books will also be packed during the sessions: July 13, July 27, August 10 5:00 p.m. – 6:30 p.m. all dates / dinner provided Minimum volunteer age: prefer 12

Ministry/Organization: Safehome Systems, Inc. Physical Address: 102 East Hawthorne Street Covington, VA 24426 Contact: Tamy Mann, tjmann@safehomesystems.org Assistance Needed: yard work, painting, cleaning the buildings, sorting donations and supplies, organizing supply closet and garage, teaching residents skills such as quilting or cooking, assisting with annual "Walk A Mile in Their Shoes" event in October Minimum volunteer age: under 18 need signed permission slip or to be accompanied by adult

Ministry/Organization: Salem/Roanoke County Food Pantry Physical Address: 620 Chapman Street Salem, VA 24153 Contact: Jenny McCormick <u>jennym@salemfoodpantry.org</u> 540-3899-6938 Assistance Needed: stocking shelves, sorting donations, bagging rice and beans, handing out food orders; a list is being made of volunteers interested in helping with future construction/remodel Minimum volunteer age: high school age, will consider middle school age with adult supervision

Ministry/Organization: **The Shepherd's Table** Physical Address: 217 W. Washington St. Bedford, VA 24523 Contact: Betty Dudek <u>TOBE1823@verizon.net</u> 540-587-6961 Assistance Needed: **Crews of 6 or 7 individuals committed to work one day per month on a continuous basis to prepare and serve a hot meal** Minimum volunteer age: adults only

Ministry/Organization: Smith Mountain Lake Good Neighbors Physical Address: for summer camp – Dudley Elementary School June 29-July 24 Contact: Judy Wolfe judybassdoc@aol.com 540-297-9361 Assistance Needed: reading buddies for one-on-one 30 minute reading period each day Minimum volunteer age: adults

Ministry/Organization: Summer Enrichment Program Physical Address: Trinity United Methodist Church 305 Mountain Ave SW Roanoke, VA 24016 Contact: Ann Seddon <u>anseddon@cox.net</u> 540-774-3813 540-589-1702 Assistance Needed: day camp program needs volunteers to assist with groups of children and drivers

for 15 passenger buses provided by support churches

Minimum volunteer age: 14 for assistance and adults for drivers